

Professional experience

2019-2023 Registrar at KGUMSB (First nurse in Executive 1 level)

2018- 2019 Associate professor, Faculty of Nursing and Public Health (FNPH)

2016-2018 Assistant professor, FNPH

2014-2016 Deputy Dean Academic Affairs (Faculty of Nursing and Public Health,
Khesar Gyalpo University of Medical Sciences of Bhutan)

2006-2014 Dean Academic Affairs (Royal Institute of Health Sciences, Royal University
of Bhutan)

2002-2006 Deputy Director, Royal Institute of Health Sciences, Thimphu Bhutan

1991-2001 First National Midwifery lecturer, Royal Institute of Health Sciences,
Thimphu Bhutan

1989-1990 Incharge of Maternal and Child Health Clinic, Jigme Dorji Wangchuk National
Referral Hospital, Thimphu Bhutan

1987-1989 Incharge of Maternity Ward Jigme Dorji Wangchuk National Referral Hospital,
Thimphu Bhutan

1986-1987 Staff Nurse Jigme Dorji Wangchuk National Referral Hospital, Thimphu Bhutan

Education/Training

2016 – PhD graduand (in Primary Health Care), Queensland University of Technology,
Brisbane Australia

17/12/10-28/1/11 training in Nursing Management, Singapore

2002-2004 Masters in Nursing Science, Prince of Songkla University, Hat Yai, Thailand

1999-2000 Bachelors in Nursing, Edith Cowan University, Perth, Australia

14/10/96-8/11/96 Certificate in Innovations in Health Personnel Education, AIIMS, Delhi, India

1989-1990 Diploma in Nursing Education and Administration, Raj Kumari Amrit Kaur College
of Nursing, Delhi, India

14/3/88-22/5/88 Certificate in Group training course in Nursing and Midwifery, Chaing Mai University, Thailand

1982-1985 Diploma in General Nursing and Midwifery, Health School/RIHS, Thimphu, Bhutan

Research/Publication

May 2018 – Positioning Nurses in Primary Health Care in Bhutan, published in Bhutan Health Journal vol. 4: 1

May 2018 – Breastfeeding problems: an analysis of secondary data from Lactation Management Unit at the National Referral Hospital in Bhutan from 2014 to 2016 (co-author), published in Bhutan Health Journal vol. 4:1

2014 Core Group member in the development of Strategic Nursing Direction 2015-2019

July 2013 – January 2014 *As member in - Comprehensive Assessment of Health Workforce Education and Training in Bhutan* (WHO)

2010 Holistic Health published in the Annual Health Bulletin (Ministry of Health)

December 2007 Patient-related Barriers to Effective Pain Management in Bhutan, published in the RUB Journal of Research and Development vol. 1

2004 Barriers to Pain Management, as a part of thesis requirement

1993 Developed the first *Midwifery Practical Record Book* in 1993, revised in 2000 and reprint 2012.

2004 Lachamo the Hen (children's book)

2004 Double Goiter (children's book)

2004 Losar (children's book)

Oral presentations

2016 presented on the Nurses' Role in Primary Health Care at the National Symposium on Reproductive and Sexual health

2016 presented on Primary Health Care: the Bhutanese Way, at the 2nd International Conference of Medical Health Sciences.

2016 presented on PHC at the 2nd Asian Congress in Nursing Education, National Cheng Kung University, Tainan, Taiwan

2013 presented on Primary Health Care at the 3rd Annual Medical conference

2014 presented on the How, Why and What of Primary Health Care: the case of Bhutan at the postgraduate research forum, faculty of nursing, Queensland University of Technology Australia

Workshops/Seminars/Conferences

19/6/18 to 29/6/18 – Survey Research Workshop IMS Bhutan

9/2/18 to 13/2/18 – Research Ethics and Scientific Writing Workshop at Paro Bhutan

17/11/2015-19/11/2015- teaching advantage: preparing future academics, QUT, Brisbane, Australia

15/8/11-26/8/11- Management of a degree program, Mahidol University, Thailand

26/4/11-2/5/11 Consultative workshop to finalise the amendment of Bhutan medical and Health Council Act 2002, Paro, Bhutan

15/4/11-16/4/11- Consultative workshop on Minimum Standards for Nursing and Midwifery Education programs, Chuniding, Bhutan

7/2/11-12/2/11 Consultative Workshop on the Development of GNH/Humanistic Education Module for Tertiary Education, Phuntsholing, Bhutan

24/2/10-28/2/11 10th draft of Bhutan Institute of Medical Sciences Bill, Hotel holiday Home, Paro, Bhutan

28/8/10-27/8/10-Core group of Council to develop minimum guideline for Licensing Examination, Gidakhom, Bhutan

14/10/10-19/10/10- Consultative Workshop to develop Minimum Standard for Medical College & Teaching Institute, Gidakhom, Bhutan

25/12/08-26/12/08 FICCI Higher Education Summit “Higher Education at the Crossroads: Imperatives for Policy & Practice” Delhi

25/6/08-27/6/08 International conference on healthy people for the healthy world, Bangkok, Thailand

24/8/08-28/8/08 Workshop on Teaching learning development, CNR, Lobesa, Bhutan

22/5/06-27/5/06 Attended the 59th World Health Assembly, Geneva, Switzerland

29/10/06-3/11/06 Global health government health partners leadership forum: the breaking point- human resources for health, Atlanta, USA

11/9/05-25/9/05 Study visit to University of Highlands and Islands (Scotland) and Open University (London)

5/12/05-9/12/05 Joint WHO-UNFPA Inter regional workshop on strengthening accreditation of community based skilled birth attendants, Maneswar, Gurgaon, India

23/10/05-29/10/05 Meeting on SEAR multidisciplinary advisory group on nursing and midwifery, Paro, Bhutan

Advisory/Leadership

9.3.2020-2023 – University task force member for COVID_19

2018 – Program leader for Foundation and Technician programs

2015- 2019- Head of Community Club

2017-2019, co-researcher in “Prevalence and Intensity of Soil Transmitted Helminthes among School Aged Children in Bhutan.”

2014- Resource person at the “introduction to university Teaching and Learning” for new lecturers of Royal University of Bhutan.

2011- Coordinated, verified and completed responses to the State of the World’s Midwifery country survey (reflected on page 155).

13/6/11-14/6/11-Resource person at the First Nuns conference on Buddhism, Ugyen Phendeyling, Paro, Bhutan

24/5/11-26/5/11- conducted Youth Friendly Health Services to hospital staff and RIHS lecturers, Chuniding, Bhutan
25/5/08-31/5/08 Technical Working Group for the Development of Nursing Procedure Manual for Bhutan at Paro, Bhutan

2007- selected as the Asia Pacific Accreditation and Certification Commission Accreditor for Bhutan

28/11/07-5/12/07 Conducted workshop on Pain Management and Ethics for nurses at Punakha, Bhutan

4th November 2007 Trained School Health Coordinators on reproductive health issues at Phuntsholing, Bhutan

18/4/07-20/4/07 Team member in the development of national Guidelines for Continuing Education at Punakha, Bhutan

5/6/06-8/6/06 Conducted Pain Management Workshop for Nurses at JDWNRH, Thimphu, Bhutan

16/10/07-18/10/07 Panel member in the validation of BSc in traditional medicine, NITM, Thimphu Bhutan

22/11/06-29/11/06 Panel member in the validation of BA in environmental science and population education, Sherubtse College, Kanglung Bhutan

April 2006 Panel member in the validation of the Diploma in Agriculture programme, CNR, Lobesa Bhutan

Professional memberships

Permanent member of Trained Nurses Association of India

9.3.2020-2023 – Ministry of Health's risk communication trainer member (one of the coordinator) for COVID_19

2010-2013 Member of Editorial Board of Annual Health Bulletin, Ministry of Health

2010-2012 member of Academic Committee, Bhutan Institute of Medical Sciences

2009-2014 Institute focal person for UNFPA Bhutan program

2009-2023- Member of Bhutan Medical and Health Council working group

2006-2010 - member of Editorial Board, Research Journal, Royal University of Bhutan

2004-2015 - member of the Academic Board, Royal University of Bhutan

2004-2008 Member of the Programmes and Quality Committee, Royal University of Bhutan